

Barrier Free Living's Domestic Violence Program

Secret Garden

Offers Reiki Session for our consumers

Practitioner Antoinette Calabretta, Case Manager

What is Reiki?

Reiki is a very specific form of energy healing, in which hands are placed just off the body or lightly touching the body, as in "laying on of hands." Reiki Method of Natural Healing is gentle, powerful, and effective technique of natural healing that is both a form of bodywork and the flow of body energy, it deeply relaxes tense muscles, alleviates stress and helps the body maintain wellness.

Reiki session is offered bimonthly, on Wednesdays
starting February 6, 2013

For more information contact Antoinette Calabretta at 212-533-4358



